

**Title:** Then and Now: Expert Insights on Understanding the Women's Health Initiative Hormone Therapy Trials  
**Dates:** July 1, 2016 – July 1, 2017  
**Locations:** Online: <https://reachmd.com/programs/cme/then-and-now-experts-insights-understanding-womens-health-initiative-hormone-therapy-trials/8029/>

## **Learning Objectives**

*Upon the conclusion of this activity, the participant should be able to:*

- Describe the purpose and design of the Women's Health Initiative (WHI) hormone therapy (HT) trials
- Explain differences between initially presented overall WHI HT data and age-stratified data in the conjugated estrogens (CE) alone and CE/medroxyprogesterone acetate (MPA) clinical trials
- Re-evaluate their knowledge of WHI HT trials and assess which patients could benefit from individualized treatment strategies, weighing the benefits and risks of current and newer HT options
- Recognize key gaps in current clinical guidelines and the interpretation of WHI data to help develop accurate communication about the appropriate use of HT in postmenopausal women

## **Target Audience**

The audience targeted for this project consists of PCPs, PAs, NPs, and other specialists who manage the health of postmenopausal women (e.g., endocrinologists, psychiatrists, orthopedists, cardiologists).

## **Program Overview**

This educational program is intended to educate healthcare practitioners who treat postmenopausal women about the accurate interpretation of data from the Women's Health Initiative hormone therapy clinical trials, while increasing awareness that a significant amount of data exist to support the appropriate use of hormone therapy as an option for treating postmenopausal symptoms in the appropriate women.

## **Faculty**

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## **Physician Continuing Medical Education**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Clinical and Patient Educators Association (CPEA) and Diversified Health Communications. CPEA is accredited by the ACCME to provide continuing medical education for physicians.

# CLINICAL & PATIENT EDUCATORS ASSOCIATION

## **Physician Credit Designation**

Clinical and Patient Educators Association designates this enduring material for a maximum of 0.75 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Disclosure of Conflicts of Interest**

CPEA requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by CPEA for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

## **Commercial Support**

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